
SUFLAVE PREP INSTRUCTIONS

How to Prep for Your Colonoscopy

What to Eat the Day BEFORE Your Colonoscopy

What You CAN Do

- You may have clear liquids only the day before your procedure.

What You CANNOT Do

- Do not drink milk or eat or drink anything colored red, blue, or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking SUFLAVE.

Liquids That Are OK to Drink

- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Lemonade
- Broth

SUFLAVE Split Dosing

SUFLAVE is a split-dose (2-day) regimen. A total of 2 bottles are required for complete preparation for colonoscopy. You will take 2 bottles of liquid in two separate doses. One dose of SUFLAVE is equal to one bottle plus one flavor enhancing packet.

Early in the Evening Before Your Colonoscopy

Step 1. Open 1 flavor-enhancing packet and pour the contents into 1 bottle.

Step 2. Fill the provided bottle with lukewarm water up to the fill line. After capping the bottle, gently shake the bottle until all the powder has mixed well

(dissolved). For best taste, refrigerate the solution for an hour before drinking. Do not freeze. Use within 24 hours.

Step 3. Drink 8 ounces of solution every 15 minutes until the bottle is empty.

Step 4. Drink an additional 16 ounces of water during the evening.

IMPORTANT: If nausea, bloating, or abdominal cramping occurs, pause or slow the rate of drinking the solution and additional water until symptoms diminish.

The Morning of the Colonoscopy (5 to 8 hours prior to the colonoscopy, but no sooner than 4 hours from starting Dose 1)

Step 1. Repeat Step 1 to Step 3 from Day 1, Dose 1.

Step 2. Drink an additional 16 ounces of water during the morning.

IMPORTANT: If nausea, bloating, or abdominal cramping occurs, pause or slow the rate of drinking the solution and additional water until symptoms diminish.

Stop drinking liquids at least 2 hours prior to colonoscopy.

Note

- SUFLAVE is an osmotic laxative indicated for cleansing of the colon in preparation for colonoscopy in adults.
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUFLAVE may affect how other medicines work.
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUFLAVE.
- The most common adverse reactions after administration of SUFLAVE were nausea, abdominal distension, vomiting, abdominal pain, and headache.
- If nausea, bloating, or abdominal cramping occurs, pause or slow the rate of drinking the solution and additional water until symptoms diminish.
- Contact your healthcare provider if you develop significant vomiting or signs of dehydration after taking SUFLAVE or if you experience cardiac arrhythmias or seizures.
- If you have any questions about taking SUFLAVE, call your doctor.